

WORKSHOPS FOR YOSEMITE FLUTE FESTIVAL

You Can Play the Didgeridoo - by Annie Mathias and Friends

Beginning techniques taught in a user friendly fashion for those who always wanted to be a “didge player.” Didgeridoos provided or bring your own. Join us for a session full of drones and good vibrations!

90 minutes \$25.00

Being the Hollow Reed, Continued! - by Diane “Annie” Mathias, MA

Annie is a dynamic professional who teaches others how creativity infused in our music can heal and transform lives. Last year, Annie and friends invited many to participate in a meaningful, experiential workshop. Annie’s life work, using the wonder of creativity, is continued in this powerful inter-active presentation. Annie and the Hollow Reed team will demonstrate how to effectively blend and use a variety of instruments, including the flute, drums, didgeridoo and voice. They will continue to teach cutting-edge techniques for use in schools, hospice, hospitals, therapeutic settings and wellness centers.

90 minutes \$30.00

A Cultural Exploration - by Nash Tavewa

Join Nash in this fascinating cultural explanation as he shares his culture and his art. Nash has dedicated himself to preserving his culture and traditions; listen as he shares and plays his beautifully hand crafted musical instruments. Nash will discuss Pre-Columbian, Aztec, Mayan and Zapotec styles. You will NOT want to miss this!

45 minutes No Charge

"Playing the Blues" Playshop for the NAF - by Mike Oitzman

Do you love blues music? Do you love the Native American Flute? Did you know that the NAF and blues are a natural combination? Join instructor Mike Oitzman as he leads you on an interactive journey to learn how to unlock to the fun of playing blues music on the NAF. This playshop is open to students of all skill levels. We will spend the entire playshop listening to and jamming along with the blues as you learn the basic blues scale on the NAF, the basic 12-bar blues song structure and learn how to play a "walking bass line" on the NAF. A NAF in the key of A is required for this playshop. Course fee includes Mike's new Playing the Blues song book and jam-along CD

Cost: \$35

Playshop Length: 1 hr 30 m

Max students: 12 (so everyone gets a chance to play)

Playing Rhythmically and Improvising with a Percussionist - Mark Holland and N. Scott Robinson

A session for flutists to understand playing with a percussionist including time for hands on playing. Among the topics: using the tongue as a percussion instrument, articulation, understanding musical phrases and meter and more. During the hands on playing: will be a wonderful opportunity and experience to play your flute along with N. Scott Robinson on percussion.

\$40.00

Private Lessons with Mark Holland \$35 per half hour.

Beading Class #1 - Beading with a Loom - Instructor: Marby Pennington (Waking Spirit Flutes)

Marby, a Master Beader, will be teaching us all of those tricks about beading that you won't learn in a book, or, for that matter, most beading classes. You will receive all of the beads necessary to make a flute wrap or bracelet, a custom ergonomic loom, engineered by her husband Vance to alleviate neck strain, and printed instructions.

Students will learn the basics of loom work including threading the loom and following a pattern to create your project. The project will not be finished during the class time but detailed instructions on how to finish will be provided.

Come, join Marby and share in the fun of creating your own colorful bead work! Ergonomic Beading Loom, all beads, pattern, threads and sundry supplies will be provided for this class and is included in the fee.

Maximum class size: 12

2 hour class

Cost: \$70.00

Beading Class #2 - Peyote Stitch Beading - Instructor: Marby Pennington (Waking Spirit Flutes)

In this class you will learn the art of creating beautiful beaded work without using a loom. Learn one of the most versatile stitches in beading plus the answers to lots of questions. You will create a cylindrical sample that you can turn into a beautiful and eye-catching key ring. Learn about various beads, threads, needles and how to read a chart. A great start to your beading career in one class designed specifically for beginning bead weavers.

All beads, pattern, threads and sundry supplies will be provided for the project and are included in the fee.

Maximum class size: 10

2 hour class

Cost: \$65.00

Pine Needle Basket Making - Learn to make pine needle coil baskets, all materials included.

Each participant would receive a beginner kit that will include a needle, a copper gauge, 5yds of artificial sinew, a small bundle of pine needles and basic instructions.

During the workshop, participants will begin to make their very own (small) pine needle coil basket (no adornment).

Maximum class size: 10

Cost: \$30

Scale workshop:

The NAF has many scales available to it. Learning the extended scale on your flutes and the structure of various scales and modes will give the flute player a much larger palate from which to draw musical inspiration. The starting position of a scale on the flute can also create more variety within that scale. This knowledge is useful for both the solo player and those who want to play with other musicians.

Cost: \$20.00

Chord workshop:

Bring an "A" flute and participate in a ten note pipe organ. This group experience will bring the concept of chords alive for the flute player who normally only experiences single note melodic lines. Understanding what chords are and how they work in music will enrich the flute player's musical experience. This knowledge will enhance both solo and ensemble playing as well as both improvising melodic lines and covering popular songs.

Cost: \$20.00

Vince Chafin Workshops - \$40 per class if purchased separately

Yosemite Flute Festival Workshop Special

If you sign up and pre-pay for all 5 workshops, you will receive a \$25 discount. This can be done before the festival and up to the beginning of the first class.

Contact Vince at: heartandsoul@vincechafin.com for details...

Playing the Native Flute for “Dummies”

We all have to start somewhere and it's best when we start off right. Whether this is your first time picking up the flute, or your 100th, we all have things we need to learn and improve upon. We'll review the basics of proper finger placement, correct mouth position (embouchure) and learn breathing techniques that will make you an exceptional flute player.

Prerequisites: Suitable for ALL levels

Class Limit: None

Next Step in the Journey

Are you playing as beautifully as you would like? Are the sounds coming from your flute making flowers bloom and your lover swoon? If not, let's discover some of the hidden secrets to making you a better flute player. This class is open for ALL levels and for anyone who wants to take their playing to the next level.

Prerequisites: Suitable for ALL levels

Class Limit: None

Basic Music Principles for Non-Musicians – Scott August

Most Native American flute players don't have a musical background. However a basic understanding about how music works is a great way to avoid getting stuck in a rut, gaining confidence as a NAF player and performer, and is invaluable for anyone wanting to write their own flute songs. Get the jump on your flute playing with this exciting workshop.

Multi-award winning artist Scott August will explain, in a down to earth, non technical and non threatening way, the basics of music and music making. Learn about all the things you're heard about but were afraid to ask. How are scales made? What's a mode? What do the terms tempo, melody, rhythm, beat, harmony really mean and how can you apply them to your NAF playing. How to write a basic song? Release the musician inside of you with this easy to follow and understand workshop. Click on links on website for full descriptions and an opportunity to receive pre-enrollment discount.

Cost \$12 pre-enrollment (see website for link) or \$15 day of festival

Two hours

Anasazi Workshops – Scott August

Click on links on website for full descriptions and an opportunity to receive pre-enrollment discount.

Cost: \$42 pre-enrollment (see website for link) or \$50 day of festival

Two Hours

Scott offers private lessons/ \$35 half hour

Saturday

Playing from the Heart- Breaking through the Barriers

Is your playing in a rut? Are you playing the same old songs and patterns over and over? Are you a new player wondering what to play or where to find your inspiration? When listening to your favorite CD's do you wonder, "Why can't I sound like that?" This 'playshop' offers techniques to elevate your playing to levels that will revitalize your flute practice and renew your musical passion. They say the flute maker takes the heart out of the wood and it's the player that puts it back in.

Prerequisites: Suitable for ALL levels

Class Limit: None

Tim Blueflint: Southern Plains Flute History

COST: \$20

Beyond Solo-Learning to play with other instruments

The Native American Flute can be a journey of Self Discovery. Join us in discovering the magic of playing with other instruments in a safe, loving and supportive environment. We'll share our journey with guitars, percussion and drums, Didgeridu, the magical "Hang drum" and more ...Come join the band!

Prerequisites: Suitable for ALL levels/ Class Limit: None

Sunday

Shamanic Sound Healing Ceremony

"Sweet, powerful, soft, fluid, healing, beauty, mother, father, union, melting, release, clarity...thank you so much for such a memorable experience, and the opportunity to witness a few more layers fall away."

"What a gift you are. What a powerful and transforming experience it was having you at QuietStar Sunday Circle. WOW! Thank you."-Robin Klickstein, QuietStar Center for Transformation

"My being is still resonating days later with the multi-sensory experience of Vince's Shamanic sound healing ceremony. What opened in me is that part of myself that becomes closed with busyness and thought. Vince is a powerful space holder for Spirit and his intuition guides him to awaken and deepen the sacred in each and every person through ancient and mystical ways..."

"Thank you for holding such a powerful container of Sacred Energy. My tears still flow."

“Your capacity of your heart to work so completely and compassionately with all who were present in your ceremony is not only a gift, but a way of being that is deeply moving. You weave and hold a magical space for Spirit to linger and to penetrate into our hearts.”

“Vince, thank you for helping me to release what needed to be released, embrace what needed to be witnessed, open what needed to be discovered. You create a safe, nurturing and loving environment for me to grow into my true self. What a gift you have.”

“The ceremony we did helped to wake me up from what seems like a long sleep. It has challenged me to stand back in my power and do the things I need to be doing.”

"By far, this was one of the most profound experiences of my life."

"Thank you for putting me so safely and deeply in my body and letting my fly..."

Prerequisites: Curiosity and an open Heart

Class Limit: None

Intermediate and Advanced “Master-Class”

How can two people play the same song and sound SO different? How can we take our playing from just OK to WOW? In this class, students will be asked to share a portion of a song they know or an improvisation and through critical listening and a little magic fairy dust, we will transform your “just OK” to, “Just Beautiful” ...

Prerequisites: Intermediate and advanced

Class Limit: None

Private Lessons

Vince is a featured performer, teacher and workshop facilitator for festivals, schools and workshops all over the country and has taught thousands of people to play the Native Flute successfully. As a staff member of the Native Flute School in Zion, Vince is skilled at helping players at all levels with the encouragement they need to take their playing to the next level. Whether a novice, a master, or somewhere in between, Vince can bring out the very best in your playing.....

\$40 Per half-hour

Xiao Class for Absolute Beginners (FREE) - Vance Pennington - Waking Spirit Flutes

This class is dedicated to those who feel they just cannot play a Chinese Xiao. You will be taught the correct method of blowing into the flute and the most suitable way to hold the instrument when playing the thumb hole. It will be a fun filled experience for you and I will be more than happy to answer any questions you may have. If you own a Xiao please bring it along to the class; it does not have to be one I created!

Cost: FREE

Class duration 45 minutes.

Yoga for flute Playing/ The Balance of Body and Breath – Michelle Carlino

Join me for a wonderful way to embrace the morning as you support learning through this ancient science for opening the body and building the breath.

Our class will include gentle stretching and asana(postures) to open the body, breathwork to build lung capacity and control, and relaxation to place one in the most optimal alignment for learning and play.

Open for all levels and ages. Please bring a mat or towel

We will meet each morning before the festival opens....10 am to 11 am

Class fee \$10.00

Foot Reflexology/Message, Back Massage, Energy Clearing – Michelle Carlino

On your feet all day trying out new flutes? Come take a load off and enjoy a relaxing foot massage, back massage, or energy clearing.

Foot reflexology is any ancient system that strengthens the body thru applying pressure on specific points on the feet. You will feel a deep sense of relaxation and calm, and walk away with an aahhhhhh.

Seated back/shoulder massage, Energy work.....are also available to keep you relaxed and moving well....

All work is \$1.00/ minute

Michelle Carlino has been studying yoga and wholistic health since 1985, and teaching yoga since 1990. She holds certificates in Classical Hatha, Kripalu,Anusara, Kundalini, and Therapeutic yoags. She is certified in foot Reflexology, reiki, and Therapeutic touch.